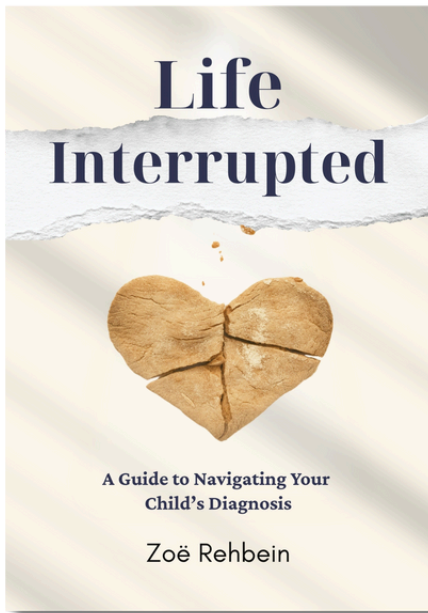


Press Release



LIFE INTERRUPTED

Written by Zoe Rehbein

Publication date: 1 August 2025

Available in paperback print ISBN: 978 1 7640739 7 4

Available in ebook ISBN: 978 1 7640739 8 1

\$25.00 RRP (paperback)

Trade price = \$11.00 (55% discount)

\$5.99 RRP (PDF printable version)

The diagnosis changed everything — this book helps you find your way back.

With gentle wisdom and deeply personal reflections, *Life Interrupted* offers both practical guidance and emotional support for every stage of the journey — from the first devastating news to the complex world of medical decisions, caregiving, and self-preservation.

Grounded in real-life experience, *Life Interrupted* helps parents stay centred amid uncertainty, advocate for their child with confidence, and care for their own well-being without guilt. It also offers space to explore the spiritual questions that often surface in crisis — making room for doubt, faith, and the quiet search for meaning.

More than a survival guide, this is a testament to the resilience of the human spirit — a beacon of hope for parents facing their darkest days, and a reminder that even in the midst of grief and fear, unexpected strength can emerge.

Zoë Rehbein is a writer, advocate, and mother of three whose life was forever changed when her youngest child was diagnosed with a complex medical condition. In her debut book, *Life Interrupted: A Guide to Navigating Your Child's Diagnosis*, Zoë offers a compassionate and practical roadmap for families facing the unimaginable, drawing from her lived experience and years of advocacy work with the Children's Tumour Foundation.

A passionate supporter of families navigating the medical system, Zoë has been a driving force behind community fundraising efforts, patient support initiatives, and awareness campaigns. Her tireless work has earned her recognition at both the grassroots and national levels.

When she's not writing or reading, Zoë can usually be found cheering from the sidelines of a football field, or in the waiting room of a hospital—places that have become part of her rhythm as a mother and fierce advocate. She lives in Brisbane with her husband and three children.